

01 *raise the eyebrows*

Treating the muscles above the eyebrows with Botox or Dysport relaxes them, giving way to flatter brows that are temporarily lifted and sometimes more arched. "The art of maintaining a natural result comes with extensive knowledge of not only facial anatomy and the dynamic musculature but also the way in which these toxins work," says Dr. Kornstein. "When injected skillfully, they can weaken the depressor muscles that pull down the eyebrows. This ability to rebalance the facial musculature allows the eyes, as well as other areas, to be reshaped," he adds.

HOW LONG THE RESULTS LAST

About three to four months

BEFORE

AFTER



To lift the brow and open up the eyes, Botox was injected above the brows. Procedure performed by Sharon Giese, MD; New York, NY.

10 *define the upper eyelids*

With age, the upper lids can become hooded or even saggy. But injecting the brow area with filler, and using Botox or Dysport to relax the muscles that pull the brow down, can help lift the lids and, says Dr. Beer, can make for a more youthful look. *For more ways to rejuvenate the eyes, turn to page 118.*

HOW LONG THE RESULTS LAST

About three to four months

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youthful-looking eyes

09 *diminish under-eye bags and hollows*

The cause of unsightly under-eye bags is the result of fat that has shifted. "If the fat pad underneath the eye is not protruding, fillers can be used to fill the tear trough and fix the hollows," Dr. Beer says. "But this does not work in every patient, and some may end up looking worse." To create the most natural look, it's important for your plastic surgeon or dermatologist to also inject the upper cheek, which will create a seamless contour between the upper portion of the cheek and the area below the eye.

HOW LONG THE RESULTS LAST

About six months

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