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Naughtiest
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Q&A

100 Answers in 20 Words
or Less. We Tell You
Every Crazy, Dirty Thing
You're Dying to Know

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Conrad**
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the Drama and
Found Real Love

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He's Craving
More Of**

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OVER IN 3
MINUTES!**

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(What Men
Secretly Want
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beauty Q+A

Every month, we answer a bunch of your burning beauty questions.

Q I brush my hair a few times a day. Could I be damaging it?

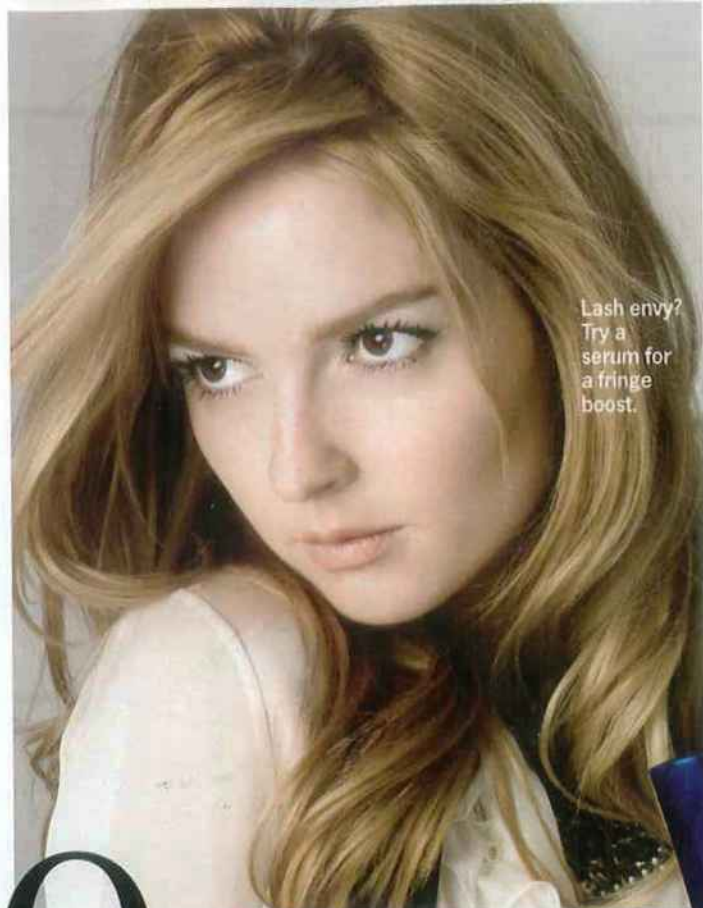
A It depends on what kind of brush you're using. Your hair is most vulnerable when it's wet because it stretches, making it easier to break from the sharp bristles of a brush, so use a plastic, wide-tooth comb to detangle damp strands, says NYC trichologist Philip Kingsley. When you're styling your look throughout the day, use a brush that has plastic, ball-tipped bristles (like Goody's Stylista oval brush, \$5.50), which are gentlest.

Q I think bronzer looks fake on me in the fall. Is there another way to get a nice, healthy glow?

A Brush on a tawny shade of blush (check out our pick below). "The pinkish brown mix offers a similar sun-kissed glow but keeps skin rosy and natural looking," says celebrity makeup artist Carmindy. For the perfect pop of bronze, apply blush from your temples down the sides of your face near your hairline and then under your cheekbones, making a C shape.



Sally Hansen Natural Beauty Blush in Fawn, \$11



Lash envy? Try a serum for a fringe boost.

Q Do the new lash-growing serums really work?

Unlike Latisse—an Rx version that extends the time your lashes spend in their anagen, or growing, phase—the latest boosters can't help you sprout longer, thicker lashes, says Michigan plastic surgeon Charles Boyd. They do, however, infuse hairs with proteins and conditioners, such as glycerin, which keep them healthy and strong so they stick around for as long as possible.



L'Oréal Paris Lash Boosting Serum, \$15

Q After applying a zit treatment, how long should I wait to put on moisturizer?

A Fifteen minutes. "It takes that long for any topical treatment [acne, antiaging] to absorb," says Palm Beach dermatologist Kenneth Beer. Slather on lotion too early and you'll dilute the spot treatment's active ingredients.

Q My feet are so rough from summer sandals. Is a foot razor safe?

A No! Pressing the blade too hard can cause a cut or infection. Plus, razors shave off a superthick layer, causing your skin to grow back an even tougher layer to protect itself, says Donna Perillo, owner of Sweet Lily Natural Nail Spa in NYC. Instead, use a coarse scrub that lists pumice as one of the first three ingredients. (We like Kerasal Exfoliating Pumice Paste, \$5.99.)

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