

# NEW BEAUTY

THE BEAUTY AUTHORITY

## THE FIX IT ISSUE

spots  
wrinkles  
dark circles  
cellulite  
and more...

say good-bye  
to your biggest  
beauty problems!



the new obsession  
“SELFIE”  
SURGERY  
has it gone  
too far?

NEWBEAUTY.COM  
A SANDOW PUBLICATION



*Gillian Anderson*  
her supernatural  
anti-aging  
secret

10 SUPER EASY WAYS TO  
**LOOK  
YOUNGER  
FAST!**

trend.



**What it is:** Ever since their advent, fillers have been used in multiplicity to make the most out of the treatment. It's not uncommon to use one kind of filler in one part of the face and another kind elsewhere to create a uniform look. Now, dermatologists and plastic surgeons alike are practicing a **new technique, known as “sandwiching”** (the fillers are literally layered one over another

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—DR. BEER

### LAYERED EFFECT **THE “FILLER” SANDWICH**

STANDARD ANTI-AGING METHODS REIGN SUPREME, BUT HOW THEY ARE NOW BEING USED IS OFF THE CUFF.

in the same area), which allows for an even more natural look. “Sandwiching fillers, specifically firmer ones like Radiesse or Restylane Lyft, works well. Then, different fillers are layered on top of the firmer ones,” says West Palm Beach, FL, dermatologist Kenneth R. Beer, MD. “When this technique is used, it adds structure to the face with the firmer fillers yet softens out lines with the ones that are placed on top.” While sandwiching isn't for everyone and may only work in select patients, Dr. Beer says it really benefits those who are older and have significant volume loss, as it is a reliable way to address lost volume, finelines and contour issues.