

THE TRUTH WHAT REALLY HAPPENS WHEN YOU GET BOTOX BREAKTHROUGH THE NEW YOUTH-BOOSTING PILL

# NEW BEAUTY

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THE BEAUTY AUTHORITY

The secret to  
**PERFECT SKIN**  
IN MINUTES

NAOMI  
on **AGING WELL**

WHAT SHE DOES  
WILL SHOCK YOU

OUR BIGGEST AWARD THE BEST OF THE

**BEST** TREATMENTS

ANTI-AGING SERUM EYE LIP PLUMPERS, SPECIAL WRINKLE CELLULITE CREAM MASKS

BODY-FIRMING LOTIONS MOISTURIZERS, MAKEUP CLEANSERS, SHAMPOOS



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trend.

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### SKIN-PERFECTING FACIAL TEA

In the world of beauty, there are teas for your every concern—one to make you lose weight, one to detox, one to give you clear skin and one to ward off the effects of aging. Now, there are **facial teas**, which work by steeping loose tea in hot water and then placing your face over the bowl so the steam can work its magic on your skin. Annie Tevelin, founder of SkinOwl, says facial teas are trending as women are shifting from more of a rushed beauty routine to one that is more ritualized. Facial teas help correct dull, dry, congested, fatigued and aging skin thanks to the good-for-your-skin herbs—rose hip, calendula, chamomile and rosemary—that are anti-inflammatory, calming and energizing. “These teas offer a regenerative aromatherapy experience, as well as a skin treatment.”

2

### HYALURONIC ACID 2.0

Hyaluronic acid is one of the most well-regarded skin-care ingredients. When injected into skin, it plumps up wrinkle-laden and volume-deficient areas. But, most moisturizers contain larger molecules of the acid that can be too big to penetrate past the

uppermost layer of skin. All of that is changing as smaller molecules are being formulated, putting hyaluronic acid back into the spotlight. “In the past, most **topical hyaluronic acid products** contained the ingredient in a high molecular weight. But, when the acid has a lower weight (it has a shorter molecular chain) it is able to better penetrate skin,” says West Palm Beach, FL, dermatologist Kenneth R. Beer, MD. Find the new version of the acid in Eve Lom Brightening Mask, Pestle & Mortar Pure Hyaluronic Serum and REN Clean Skincare Keep Young and Beautiful Instant Firming Beauty Shot.

3

### THE MULTITASKING FACIAL HAIR REMOVER

Dermaplaning, a treatment offered at doctors’ offices, is making its way into the at-home tool arena. Enter **DERMAFLASH**, a handheld device inspired by dermaplaning (the professional version uses a scalpel to remove dead skin, debris and peach fuzz). Unlike other hair removal methods, this one doesn’t use heat, light or a laser, but rather a special edge and subtle sonic vibration to eliminate dead skin and facial hair. **DERMAFLASH** (it works on all skin colors) leaves skin supersmooth so that your makeup goes on better. **\$189, sephora.com**

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### SOLO-INGREDIENT PRODUCTS

Beauty products have always been about the right mix of ingredients to create that perfect formula. While a majority of products still follow this rule of thumb, expect to see

some brands incorporating a less-is-more strategy because there’s now a movement toward extreme purity and using just a single ingredient in a product. Case in point: **Khloris Botanical Rose Water**, which contains only rose water, and **RMS Beauty “un” Powder**, which consists solely of pure silica. Smithtown, NY, dermatologist Marina Peredo, MD, says, “The

more ingredients a product has in it, the harder it is to determine which ingredient you are allergic to. Products with just one ingredient have a role in skin care, especially for those with (and without) allergies and sensitivities. But, you may need to use multiple products so that your skin can benefit from all the necessary nutrients and vitamins it needs on a daily basis to be healthy.”



## THE BIGGEST TRENDS IN SKIN CARE

From a new way to detox your complexion to the latest way to get fuzz-free skin and the ingredients you need to know about, this is what’s buzzing in the skin-care arena.