

Brazilian women are obsessed with looking their best, and when it comes to their skin, they stop at nothing. "Enlarged pores are a concern with Brazilian women," says West Palm Beach, FL, dermatologist Kenneth R. Beer, MD. Keeping your pores free of dirt, oil, debris, makeup and dead skin is one way to ensure that they don't become stretched out. Another way is with prescription-strength retinoids, which Dr. Beer says shrink pore size by changing the way the skin cells stick together. "Retinoids gradually cause the skin cells to release and prevent the pores from appearing clogged. I also like to use a nonablative Fraxel laser treatment to combat this skin concern, too, because it vaporizes the pores and allows new skin to grow. The new collagen fibers are compact and organized and appear clean, so the pores look smaller."

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