

# InStyle

**KATHERINE HEIGL**

On Fame, Family & What's Next

**FALL'S BEST BAGS, SHOES & MORE!**

**2010 BEAUTY BLACK BOOK**

**Top Salons, Spas & Services**

**MAJOR DISCOUNTS!**

**Get Gorgeous Fast!**

★ BEAUTY SHORTCUTS

★ SEXY HAIR MADE EASY

★ 28 DAYS OF CUTE OUTFITS

*Bonus Section!*

**188 STYLE SECRETS**

**Insider Tricks, Steals & Picks**

OCTOBER 2010 INSTYLE.COM

InStyle

\$3.99US \$5.99CAN

10>



0 92567 10645 5

# 2010 Ultimate BEAUTY BLACK BOOK

**130**  
DISCOUNTS  
FOR *IN*STYLE  
READERS!

Every year we turn over our hair, pores, brows and bods to beauty pros across the country. The mission: Uncover the best salons and spas for getting gorgeous. It's fun, it's work, and now we get to share our favorite finds. Clear your calendars and start booking these treatments because this month ***InStyle* readers receive 20 percent off all services\***

PHOTOGRAPHED BY GREG BROOM

Rachel Leigh gold-plated link bracelet.  
Tom Binns Design gold-plated pave crystal cuff.

\*Perks valid for one use per location for the month of October. Mention *InStyle* when booking. 261

## PHILADELPHIA

### ETTORE MED SPA

1201 Market St.  
215-928-9010

▶ Aesthetician Donna Scott tackles dull, dry, and discolored complexions with a combination of medical-grade glycolic peels and Phyto-C treatments. To ensure skin stays clear and glowing post-facial, she sends clients home with 3-ounce doses of her products.

**Regular price: \$100 and up**  
**InStyle deal: \$80 and up**

## SAN DIEGO

### LA COSTA RESORT & SPA

2100 Costa Del Mar Road  
(Carlsbad, Calif.), 800-729-4772

▶ Perfect for holistic health nuts with sumptuous taste, this relaxing coastal spa specializes in mind and body healing. After indulging in a botanical facial spiked with locally grown herbs, walk the lush gardens, soak in the Spanish-tiled pool, or visit the Deepak Chopra Center next door, where you can sign up for a yoga or meditation session.

**Regular price: \$160 and up**  
**InStyle deal: \$128 and up**

## SAN FRANCISCO

### INTERNATIONAL ORANGE

2044 Fillmore St.  
888-894-8811

Most “deep cleaning” facials require a few dabs of concealer to cover up the aftermath of aggressive extractions. But by using lymphatic drainage massages and fruit enzyme exfoliating masks, the aestheticians at this relaxing

“The best facials combine natural antioxidants and safe synthetics, such as moisture-boosting hyaluronic acid,” says Palm Beach dermatologist Kenneth Beer.

spot are able to clear clogs with minimal irritation.

**Regular price: \$108 and up**  
**InStyle deal: \$88 and up**  
(Mon.–Fri.)

## SCOTTSDALE, ARIZ.

### ALVADORA SPA IN THE ROYAL PALMS

5200 E. Camelback Road  
866-579-3637

▶ This Mediterranean-like spa uses mineral-rich thermal waters in all its treatments. After gently exfoliating, a facialist slathers on a mud mask packed with calcium and magnesium carbonates, then lulls clients into a relaxing slumber with a heated hand massage.

**Regular price: \$135 and up**  
**InStyle deal: \$108 and up**

## SEATTLE

### RED DOOR SPA

The Shops at the Bravern  
700 110th Ave., NE  
(Bellevue, Wash.), 425-455-3700

▶ To toast its 100th anniversary, Elizabeth Arden's

famed Red Door Spa is bringing out the bubbly—and dabbing it on faces. The new Champagne & Rose facial uses extracts of the pinot grape to rebalance and exfoliate skin. A warm stone massage for the neck and shoulders completes the celebration.

**Regular price: \$75 and up**  
**InStyle deal: \$60 and up**

## WASHINGTON, D.C.

### THE SPA AT THE JEFFERSON

1200 16th St., NW  
202-448-2300

▶ Herbs and botanicals inspired by Thomas Jefferson's Monticello gardens are the stars of the spa's body treatments, while grape seed-based facials reflect the founding father's passion for wine (and perhaps for dewy skin?). Locals describe this old-fashioned pampering haven as sophisticated but not stuffy.

**Regular price: \$90 and up**  
**InStyle deal: \$72 and up**

## TIPS on TIPS

**Remember to hit the ATM** Few things can snap you out of a relaxing slumber like realizing you have no bills in your wallet.

### Pretend you're at a restaurant

The standard gratuity for the person who provided your service is 20 percent.

### Purchasing a gift certificate?

Ask the spa to add a gratuity to the price of the service, and write a note to let the recipient know that the tip has already been taken care of.



The treatment rooms at Alvalora Spa feature private gardens and fireplaces.