BEAUTY LOOK YOUR BEST





TIP

To remove dulling surface cells, refine pores, even out complexion and help serums and creams penetrate deeply, exfoliate two to three times a week at night.

White Bamboo Exfoliator by Scientific Skincare has acai fruit extracts to scuff away dead skin. \$68 | scientificskin.com

Beauty Sleep

WAKE UP TO GORGEOUS SKIN WITH PRODUCTS **DESIGNED TO WORK OVERNIGHT.**

ry as you may, you can't totally turn back the clock on aging. Nor can you deny the need for an ocassional boost in your beauty regimen. Late nights and overindulgences can really do a number on your skin, but you can actually stall the aging process while you sleep. Serious nighttime skin care will help set the course for bright, healthy skin when you awaken. Here's our roundup of specially created treatments that help re-energize lifeless, dull complexions in dire need of refreshing.

-Navdeep Mundi

Patyka's heavenly scented Biokaliftin Ultra Rich Repair Face Cream plumps and lifts skin with hyaluronic acid and oat polysaccharides while nourishing with rose hip oil, which promotes collagen production. \$160 | beautybar.com

Nothing beats Renee Rouleau Skin Drink, a skin-quenching serum with aloe vera gel to calm and sodium PCA to retain water that restores skin's youthful appearance in seconds. \$58.50 | reneerouleau.com



SEPTEMBER | OCTOBER 2012 upscalemagazine.com





Combat the slack under your entire eye zone with Clarins Super Restorative Total Eye Concentrate that restores hydration levels with ginseng root extracts. \$82 | Bloomingdales

Kahina Beauty Brightening

Serum helps reduce the appearance of brown spots and uneven pigmentation as it soothes, smooths and clarifies dull, tired skin with argan oil. \$72 | kahina-givingbeauty.com

Get deep nourishment from the indulgent **Giorgio Armani Regenessence High Lift Rich Cream** enriched with rolastin, which targets different layers of the epidermis to encourages skin's natural resilience. \$150 | Nordstrom





TIP

A once-a-week moisture mask helps maintain radiance.

In Fiore Masque Royale

works miracles by using fresh concentrations of more than 30 organically derived floral ingredients, which boost elasticity and firmness. \$185 | beautyhabit.com







